

JULY



NEWSLETTER

Summer Term 2. Issue 2.

Tuesday 18th July 2023

30th Dhul-Hijjah 1444 AH

ANNUAL CARAVANSERAI (HARGREAVES)

We are thrilled to announce yet another year of Hargreaves! This year our event has been provisionally booked for Saturday 16th September. Save the date!

More information will be out soon...

Address: 60- 62 Argyle Road, Ilford, Essex,
IG1 3BG

Telephone: 020 8554 1208

Website: www.apexprimary.co.uk

Email: contact@apexprimary.co.uk

DATES

FOR YOUR DIARY

End of year performance

Friday 14th July

Gilwell Park (KS2)

Monday 17th - Wednesday 19th July

Last day of School

Thursday 20th July

First day back

Monday 4th September

Term 2 fees due

Friday 15th September

CLUBS, HIFDH AND SCHOOL LUNCHES

Afterschool club, Hifdh and school dinner letters will be sent out at the end of August. Please be reminded that payment needs to be made prior to your child starting in September.

We will email parents in due course.

Please see the link below to Cost of living event for Children and Families at Spark Lab Ilford on 26th July 2023

[Redbridge - Cost of Living Fair for families](#)

MEET THE TEACHER

Children will be meeting their new class teachers for the next academic year on Thursday 20th July in the morning.

We will also be arranging the opportunity for parents to come into school and have an informal meeting with the teachers on the first week back in September. More information will be sent out closer to the time.

WELCOMING NEW MEMBERS

Teachers

We are excited to introduce two new teachers that will be joining Apex in Autumn. Ms Zarin who will be our Year 5 Class & STEAM teacher and Ms Labony who will be our Year 6 class & GLOCAL teacher.

Deputy Head

We will also have a Part Time Deputy Head, Ms Ayesha Ahmed who will be joining the school leadership team. As we have two Aisha's in our school, we will refer our Deputy Head as **Ms. Ahmed**.

A special thank you to Ms Nirene and Ms Faaizah who will be leaving Apex. We appreciate their contributions. We pray that Allah gives you success in your future and puts barakah in it.

UNIFORM UPDATE

Our Uniform Supplier will be in on Tuesday 18th July to sell our uniform to any parents that require it. This will take place at 3pm in the playground.

Please ensure your child is wearing the correct school uniform from September. Please refer to our website for a detailed list of our uniform via the link:

<https://www.apexprimary.co.uk/home/parents/uniform/>

Any child not wearing the correct attire will be sent home.

END OF YEAR GIFTS

A reminder that children are allowed to bring in gifts for staff and their classmates at the end of the academic year only.

Children should be giving gifts to the whole class or either all girls or all boys. Otherwise, individual gifts are to be given outside the school at home time to avoid other children getting upset.

We encourage gifts to be within the £10 limit.

SPORTS DAY

Alhamdulillah, our Sports Day was a huge success! Jazakallahu-Khairan to all that helped and volunteered.

A huge well done to our Apex Mums who won tug of war against Apex Teachers & to our Dads for taking part too. We pray Allah always keeps you strong and steadfast. Ameen.







Dental Care Center – One of London's Largest and Leading Multi-Award Winning Dental Clinics Set Over 5 Floors. We are experts in Children's Dental Care and will look after your child's dental health free of charge, following the highest evidence based dentistry in line with NICE (National Institute of Clinical Excellence guidelines).

Please call the clinic on **020 7639 3323** to **BOOK TODAY!!!**

EMERGENCY DENTAL PROTOCOL FOR 0-18 YEAR OLDS



A BABY TOOTH IS KNOCKED OUT

1. Contact your dentist as soon as possible. **QUICK ACTION** can lessen a child's discomfort and **PREVENT INFECTION**.
2. Rinse the mouth with water and apply a **COLD COMPRESS** to reduce swelling
3. Spend time **COFORTING THE CHILD** rather than looking for tooth. Remember baby teeth should not be replanted because of potential damage to developing permanent teeth.



AN ACTIVITY INVOLVES RISK OF FALLS OR COLLISIONS

1. Wear a **MOUTHGUARD** when an activity involves a risk of falls, collisions or contact with hard surfaces or equipment
2. Pre-Formed Mouthguards can be purchased in sporting goods stores, or **CUSTOMISED MOUTH GUARDS** can be made at your dentist.



A PERMANENT TOOTH IS KNOCKED OUT

1. Find the tooth. Rinse it gently with milk. **DO NOT** use soap or water.
2. **REPLACE THE TOOTH** in the socket and hold it there with clean gauze or a wash cloth. If you can not put the tooth back in the socket, place the tooth in a clean container, preferably with cold milk. If milk is not available put in a container with the child's saliva, but **NOT IN WATER**.
3. Take the child and tooth to your dentist **IMMEDIATELY** or call the emergency dentist if it is after hours.



BROKEN ORTHODONTIC WIRE

Use a pencil eraser to try to fold any sharp ends of the wires back down safely, if that doesn't work use orthodontic wax to cover the wire, or gauze. Book an appointment with your orthodontist as soon as possible.



A TOOTH IS CHIPPED OR BROKEN

1. Contact your dentist **IMMEDIATELY**. Fast action can save the tooth, prevent infection, and reduce the need for extensive dental treatment.
2. Rinse the mouth with water, and apply a **COLD COMPRESS** to reduce swelling.
3. If a parent can find the broken tooth fragment, it is important to **TAKE IT TO THE DENTIST**.



TOOTHACHE

Rinse your mouth thoroughly with warm water, if the toothache is caused by food stuck in your teeth, try using dental floss to dislodge it. Otherwise apply a cold compresses while waiting to see the dentists, in order to alleviate pain and swelling. You may also take calpol or ibuprofen, following any instructions on the medication label, and if you are not allergic to them.

This Guide was produced and medically reviewed by Dental Care Centre 195 New Cross Road SE14 5DG. A state of the art multi-award winning 5 floor dental super-clinic.

ACCEPTING CHILDREN'S DENTAL APPOINTMENTS FREE OF CHARGE

📞 0207 639 3323 🌐 www.dentalcarecentreuk.co.uk

